

THE ORDER OF THE HOLY EUCHARIST

INTRODUCTION

Entrance

Introit: Lenten Prose 507, verse 1

Sung by the cantor

Hymn 67 (AUS DER TIEFE, *New English Hymnal*)

Acclamation & Greeting

In the Name of the Father, and of the Son, and of the Holy Spirit.
Amen.

The Lord be with you.
And also with you.

All sit or kneel

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

Jesus says, I am the light of the world. Whoever follows me shall not walk in darkness, but will have the light of life. Let us then bring our secret sins into his light.

Pause for self-reflection

First Sunday in Lent, 6 March 2022 at 9:30am

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbor as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

The priest says

Merciful Father, we rejoice that you pardon and forgive those who truly repent and trust in your Son. Deliver us from all our sins, confirm and strengthen us in all goodness, and keep us in eternal life; through Jesus Christ our Lord. **Amen.**

All sing

**Lord, have mercy.
Christ, have mercy.
Lord, have mercy.**

The congregation sits or kneels

Remember, O Lord, what you have wrought in us, and not what we deserve: and as you have called us to your service, make us worthy of our calling; through Jesus Christ our Lord. **Amen**

Let us pray for a spirit of discipline and obedience.

Almighty God, whose Son Jesus Christ fasted for forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ our Lord. **Amen**

All sit for the readings

THE WORD OF GOD

The **First Reading is taken from Deuteronomy,**
Chapter 26, beginning to read from the 1st verse

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous.

When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

After the reading

This is the Word of the Lord
Thanks be to God

Gradual Psalm: 91, verses 1-12

Sung by the choir, the congregation seated

1. Whoso dwelleth under the defence of the most High :
shall abide under the shadow of the Almighty.
2. I will say unto the Lord, Thou art my hope, and my strong hold :
my God, in him will I trust.
3. For he shall deliver thee from the snare of the hunter :
and from the noisome pestilence.
4. He shall defend thee under his wings,
and thou shalt be safe under his feathers :
his faithfulness and truth shall be thy shield and buckler.
5. Thou shalt not be afraid for any terror by night :
nor for the arrow that flieth by day;
6. For the pestilence that walketh in darkness :
nor for the sickness that destroyeth in the noon-day.
7. A thousand shall fall beside thee,
and ten thousand at thy right hand :
but it shall not come nigh thee.
8. Yea, with thine eyes shalt thou behold :
and see the reward of the ungodly.
9. For thou, Lord, art my hope :
thou hast set thine house of defence very high.
10. There shall no evil happen unto thee :
neither shall any plague come nigh thy dwelling.
11. For he shall give his angels charge over thee :
to keep thee in all thy ways.
12. They shall bear thee in their hands :
that thou hurt not thy foot against a stone.

The Second Reading is taken from St Paul's Letter to the Romans, Chapter 10, beginning to read from the 5th verse

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." But the

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righteousness that comes from faith says, "Do not say in your heart, "Who will ascend into heaven?" " (that is, to bring Christ down) "or "Who will descend into the abyss?" " (that is, to bring Christ up from the dead). But what does it say? "The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

After the reading

This is the Word of the Lord
Thanks be to God

All stand to sing

Sequence Hymn 60ii (JESU CORONA, *New English Hymnal*)

The Gospel Acclamation is sung

Praise to you Lord Jesus Christ, King of endless glory.
One does not live on bread alone,
but on every word that comes forth from the mouth of God.
Praise to you Lord Jesus Christ, King of endless glory.

The Lord be with you.
And also with you.

A Reading from the Holy Gospel according to St Luke,
Chapter 4, beginning to read at the 1st verse

Glory to you, Lord Jesus Christ.

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

The word of the Lord.
Thanks be to God.

The Profession of Faith

All say

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,**

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**begotten, not made,
of one being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshipped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen**

The Sermon

The people sit or kneel for the intercessions and thanksgivings

Almighty God your Son Jesus Christ has promised that you will hear us when we ask in faith, receive the prayers we offer:

Father, hear our prayer
through Jesus Christ our Lord.

Parish Prayer

God our Father, send your Holy Spirit upon the people of this parish. Give us a greater love for all. Make us more compassionate for the sick, the lonely and all in need, more zealous in the inspiration of the young; more concerned about the wider mission of the Church and more generous in our giving of service and money. Help each one of us to know what we ought to do, and give us strength and courage faithfully to do it, through Jesus Christ our Lord. Amen.

Accept our prayer through Jesus Christ our Lord who taught us to pray:

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation, but deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

All stand to sing the hymn

Hymn 70i (SOUTHWELL, *New English Hymnal*)

All sit or kneel

Sentence of Scripture, Isaiah 55:6-8

Seek the Lord while he may be found, call upon him while he is near; let the wicked forsake their way, and the unrighteous their thoughts; let them return to the Lord, that he may have mercy on them, and to our God, for he will abundantly pardon. For my thoughts are not your thoughts, nor are your ways my ways, says the Lord.

The Prayer of Approach

We do not presume to come to your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us, therefore gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THANKSGIVING AND COMMUNION

All stand

Christ is our peace. He was pierced for our faults, bruised for our sins, on him fell the punishment that brought us peace, by his wounds we have been healed. **Amen**

We are the body of Christ.

His Spirit is with us.

The peace of the Lord be always with you.

And also with you.

Blessed are you, Lord, God of all creation. Through your goodness we have this bread, which earth has given and human hands have made. It will become for us the bread of life.

Blessed be God for ever.

Blessed are you, Lord, God of all creation. Through your goodness we have this wine, fruit of the vine and work of human hands. It will become our spiritual drink.

Blessed be God for ever.

EUCCHARISTIC PRAYER

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We praise and thank you heavenly Father for every spiritual blessing in Jesus our Lord, in whom we have the forgiveness of sins, the gift of your Spirit and the hope of sharing in your glory. We who were once far away have been brought near by the blood of your Son. He loved us and gave himself for us as a fragrant offering and sacrifice to God.

Therefore, we lift our voices to praise you, singing,

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people sit or kneel

On the night before he died, Jesus took bread, and when he had given thanks, he broke it, and gave it to his disciples, saying, 'Take and eat. This is my body which is given for you. Do this in remembrance of me.'

After the meal, he took the cup, and again giving thanks, he gave it to his disciples, saying, 'Drink from this, all of you. This is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Christ has died.

Christ has risen.

Christ will come again.

Father, we thank you for these gifts of your creation, and pray that we who eat and drink them, in the fellowship of the Holy Spirit believing our Saviour's word, may be partakers of his most blessed body and blood. **Amen.**

Blessing and honour and glory and power are yours forever and ever. Amen.

THE COMMUNION

As this broken bread was once many grains,
which have been gathered together and made one bread:
**so may your Church be gathered from the ends of
the earth into your kingdom.**

All sing

Lamb of God, you take away the sins of the world.

Have mercy upon us.

Lamb of God, you take away the sins of the world.

Have mercy upon us.

Lamb of God, you take away the sins of the world.

Grant us your peace.

Come let us take this Holy Sacrament of the Body and Blood of Christ, in remembrance that he died for us, and feed on him by faith with thanksgiving.

The priest and other communicants receive Holy Communion

The body of Christ. **Amen**

The blood of Christ. **Amen**

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GOING OUT TO SERVE

The people sit or kneel

Gracious Father, our eyes have seen the King in his beauty; by this living bread and saving cup let his likeness be formed in us and grow until the end of time; through Jesus Christ our Lord.

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. Amen

Blessing and Dismissal

All sit for any announcements, then stand for the Blessing.

The Lord be with you
and also with you.

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be amongst you, and remain with you always. **Amen**

Recessional Hymn 59ii (JENA, *New English Hymnal*)

Sung by all

Recessional, *organ alone*