

Trinity 10, 8 August 2021; 9:30am

THE ORDER OF THE HOLY EUCHARIST

INTRODUCTION

Entrance

All stand

Acclamation and Greeting

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.

And also with you.

All sit or kneel

Let us pray:

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

‘Hear O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength’. Jesus said: “This is the great and first commandment. And the second is like it: you shall love your neighbour as yourself.’

All sing, while kneeling:

**Lord, have mercy, have mercy on us.
Christ, have mercy, have mercy on us.
Lord, have mercy, have mercy on us.**

All stand to sing:

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Gloria in Excelsis

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.
Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.**

THE MINISTRY OF THE WORD

Let us pray.

The congregation sits or kneels

The Collect

Grant, Lord, that we may see in you the fulfilment of our need; and may turn from all false satisfactions to feed on that true and living bread which you have given us in your Son Jesus Christ; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

All sit for the Readings

**The First Reading is taken from the First Book of Kings,
Chapter 19, beginning to read from the 3rd verse**

Then he was afraid; he got up and fled for his life, and came to Beersheba, which belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

This is the word of the Lord.
Thanks be to God.

Gradual Psalm, Psalm 34, verses 1-10

Sung by the choir, the congregation seated

1. I will always give thanks unto the Lord :
his praise shall ever be in my mouth.
2. My soul shall make her boast in the Lord :
the humble shall hear thereof, and be glad.
3. O praise the Lord with me :
and let us magnify his Name together.
4. I sought the Lord, and he heard me :
yea, he delivered me out of all my fear.
5. They had an eye unto him, and were lightened :
and their faces were not ashamed.
6. Lo, the poor crieth, and the Lord heareth him :
yea, and saveth him out of all his troubles.

7. The angel of the Lord tarrieth round about them that fear him :
and delivereth them.
8. O taste, and see, how gracious the Lord is :
blessed is the man that trusteth in him.
9. O fear the Lord, ye that are his saints :
for they that fear him lack nothing.
10. The lions do lack, and suffer hunger :
but they who seek the Lord shall want no manner of thing
that is good.

**The Second Reading is taken from the Letter of St Paul
to the Ephesians, Chapter 4, beginning at the 25th verse**

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

This is the Word of the Lord
Thanks be to God

The Holy Gospel

The Gospel Acclamation is sung.

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Alleluia, alleluia!

I am the living bread that came down from heaven, says the Lord;
whoever eats this bread will live forever.

Alleluia, alleluia!

The Lord be with you.

And also with you.

The Holy Gospel is written in the Gospel according to St John,
Chapter 6, beginning at the 41st verse

Glory to you, Lord Jesus Christ.

Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

After the Gospel

This is the Gospel of the Lord
Praise to you, Lord Jesus Christ

The Profession of Faith

All say or sing:

**We believe in one God,
the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one being with the Father.**

**Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshipped and glorified.
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life ☩ of the world to come. Amen**

The Sermon

THE MINISTRY OF PRAYER

The people sit or kneel for the intercessions and thanksgivings

Almighty God your Son Jesus Christ has promised that you will hear us when we ask in faith, receive the prayers we offer:

Father, hear our prayer
through Jesus Christ our Lord.

Parish Prayer

God our Father, send your Holy Spirit upon the people of this parish. Give us a greater love for all. Make us more compassionate for the sick, the lonely and all in need, more zealous in the inspiration of the young; more concerned about the wider mission of the Church and more generous in our giving of service and money. Help each one of us to know what we ought to do, and give us strength and courage faithfully to do it, through Jesus Christ our Lord. Amen.

Accept our prayer through Jesus Christ our Lord who taught us to pray:

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation, but deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The Offertory

THE PREPARATION

All sit or kneel

Jesus said, "Come to me, all who labour and are heavy laden, and I will give you rest."

Matthew 11:28

Jesus said, "I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst."

John 6:35

Jesus said, "A new commandment I give to you, that you love one another; even as I have loved you, that you also love one another."

John 13:34

The Prayer of Approach

We do not presume to come to your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us, therefore gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen

Pause for self-examination

Let us confess our sins in penitence and faith, confident in God's forgiveness:

Merciful God our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life through Jesus Christ our Lord. Amen

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The priest says this or another absolution:

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness, and keep you in eternal life: through Jesus Christ our Lord.
Amen.

THE GREETING OF PEACE

All stand

We are the body of Christ.
His Spirit is with us.
The peace of the Lord be always with you.
And also with you.

Blessed are you, Lord, God of all creation. Through your goodness we have these gifts to share. Accept and use our offerings for your glory and for the service of your kingdom.
Blessed be God for ever.

THE GREAT THANKSGIVING

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

All glory and honour be yours always and everywhere, mighty Creator, ever living God.

We give you thanks and praise for our Saviour Jesus Christ, who by the power of your Spirit was born of Mary and lived as one of us. By his death

on the cross and rising to new life, he offered the one true sacrifice for sin and obtained an eternal deliverance for all his people.

Therefore with angels and archangels, and with the all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people sit or kneel

Merciful God, we thank you for these gifts of your creation, this bread and wine, and we pray that by your Word and Holy Spirit, we who eat and drink them may be partakers of Christ's body and blood.

On the night he was betrayed, Jesus took bread; and when he had given you thanks he broke it, and gave it to his disciples, saying, 'Take and eat. This is my body given for you. Do this in remembrance of me.'

After supper he took the cup and again giving you thanks. He gave it to his disciples, saying, 'Drink from this, all of you. This is my blood of the new covenant shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Christ has died.

Christ has risen.

Christ will come again.

Therefore we do as our Saviour has commanded:

Proclaiming his offering of himself made once for all upon the cross, his mighty resurrection and glorious ascension and looking for his coming

again, we celebrate, with this bread and this cup, his one perfect and sufficient sacrifice for the sins of the whole world.

Renew us by your Holy Spirit, unite us in the body of your Son, and bring us with all your people into the joy of your eternal kingdom; Through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit, we worship you, Father, in songs of never-ending praise:

**Blessing and honour and glory and power
Are yours for ever and ever. Amen.**

THE COMMUNION

As this broken bread was once many grains,
which have been gathered together and made one bread:
**so may your Church be gathered
from the ends of the earth into your kingdom.**

Andante (♩ = c. 66) © B. McKern, 2021

Lamb of God, you take a-way the sin of the
world, have mer - cy on us. world, grant us your peace.

The gifts of God for the people of God.

Come let us take this Holy Sacrament of the Body and Blood of Christ, in remembrance that he died for us, and feed on him by faith with thanksgiving.

The priest and other communicants receive Holy Communion

The body and blood of Christ strengthen you and keep you in eternal life. **Amen**

THE SENDING OUT OF GOD'S PEOPLE

The people sit or kneel

Living God, in this holy meal you fill us with new hope. May the power of your love, which we have known in word and sacrament, continue your saving work among us, give us courage for our pilgrimage, and bring us to the joys you promise.

This prayer is said by all

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The people sit for any Announcements, then stand for the Blessing

The Lord be with you
and also with you.

God the Holy Trinity bring you to acknowledge him as Creator, Redeemer, and Sanctifier; and the blessing of God almighty, the Father, the Son, ✠ and the Holy Spirit, come down upon you and remain with you always.