

# THE ORDER OF THE HOLY EUCHARIST

## INTRODUCTION

### Entrance

Introit: Lent Prose *sung by cantor.*

### Hymn 63 (ST BERNARD, *New English Hymnal*)

*Celebrants only, congregation does not sing*

All ye who seek a comfort sure  
In trouble and distress,  
Whatever sorrow vex the mind,  
Or guilt the soul oppress,

Jesus, who gave himself for you  
Upon the cross to die,  
Opens to you his sacred heart;  
O to that heart draw nigh.

Ye hear how kindly he invited;  
Ye hear his words so blest –  
‘All ye that labour come to me,  
And I will give you rest.’

O Jesus, joy of saints on high,  
Thou hope of sinners here,  
Attracted to those loving words  
To thee I lift my prayer.

Wash thou my wounds in that dear blood  
Which forth from thee doth flow;  
New grace, new hope inspire, a new  
And better heart bestow.

Music: Adapted from a melody in  
*Tochter Sion* Cologne 1741  
Text: 18<sup>th</sup> century Latin  
*Tr* Edward Caswall 1814-78

## **Acclamation**

✠ In the Name of the Father, and of the Son, and of the Holy Spirit.  
**Amen**

## **Greeting**

*The priest greets the people*

✠ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.  
**And also with you.**

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen**

## **Prayers of Penitence**

Rend your hearts and not your garments, and turn to the Lord your God, for he is gracious and merciful, and of great kindness.

*All sit or kneel;*

**Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen**

*The priest says this or another absolution*

May the Almighty and merciful God have mercy on you, ✠ pardon you, and forgive you all your sins through our Lord Jesus Christ, grant

you time for amendment of life, and give you grace and strength to grow in all goodness, and keep you in life eternal. **Amen**

## **Kyrie Eleison**

*Celebrants only, congregation does not sing*

Lord, have mercy, Lord, have mercy, Lord, have mercy.  
Christ, have mercy, Christ, have mercy, Christ, have mercy.  
Lord, have mercy, Lord, have mercy, Lord, have mercy.

*The Collect of the day is said or sung*

Let us pray.

*All sit or kneel*

## **The Collects**

God of all times and places, in Jesus Christ, who was lifted up on the cross, you opened for us the path to eternal life: grant that we, being born again of water and the Spirit, may joyfully serve you in newness of life and faithfully walk in your holy ways; through Jesus Christ our Lord, who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Almighty and everlasting God, you hate nothing that you have made, and you forgive the sins of all who are penitent: create and make in us new and contrite hearts, that we, lamenting our sins and acknowledging our wretchedness, may obtain from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

## **Parish Prayer**

**God our Father, send your Holy Spirit upon the people of this parish. Give us a greater love for all. Make us more compassionate for the sick, the lonely and all in need, more zealous in the inspiration of the young; more concerned about the wider mission of**

**the Church and more generous in our giving of service and money. Help each one of us to know what we ought to do, and give us strength and courage faithfully to do it, through Jesus Christ our Lord. Amen**

*All sit for the Readings*

## **THE WORD OF GOD**

**The First Reading is taken from Genesis,**  
Chapter 22, beginning to read from the 1<sup>st</sup> verse

God put Abraham to the test. He called to him, “Abraham!” “Here I am!” he replied. Then God said: “Take your son Isaac, your only one, whom you love, and go to the land of Moriah. There you shall offer him up as a holocaust on a height that I will point out to you.” When they came to the place of which God had told him, Abraham built an altar there and arranged the wood on it. Then he reached out and took the knife to slaughter his son. But the LORD’s messenger called to him from heaven, “Abraham, Abraham!” “Here I am!” he answered. “Do not lay your hand on the boy,” said the messenger. “Do not do the least thing to him. I know now how devoted you are to God, since you did not withhold from me your own beloved son.” As Abraham looked about, he spied a ram caught by its horns in the thicket. So he went and took the ram and offered it up as a holocaust in place of his son. Again the LORD’s messenger called to Abraham from heaven and said: “I swear by myself, declares the LORD, that because you acted as you did in not withholding from me your beloved son, I will bless you abundantly and make your descendants as countless as the stars of the sky and the sands of the seashore; your descendants shall take possession of the gates of their enemies, and in your descendants all the nations of the earth shall find blessing—all this because you obeyed my command.”

*After the reading*

This is the Word of the Lord  
**Thanks be to God**

Gradual Psalm, **Psalm 116** verses 11-16

*Sung by the cantor alone, the congregation seated*

11. What reward shall I give unto the Lord :  
for all the benefits that he hath done unto me?
12. I will receive the cup of salvation :  
and call upon the Name of the Lord.
13. I will pay my vows now in the presence of all his people :  
right dear in the sight of the Lord is the death of his saints.
14. Behold, O Lord, how that I am thy servant :  
I am thy servant, and the son of thine handmaid;  
thou hast broken my bonds in sunder.
15. I will offer to thee the sacrifice of thanksgiving :  
and will call upon the Name of the Lord.
16. I will pay my vows unto the Lord,  
in the sight of all his people :  
in the courts of the Lord's house, even in the midst of thee,  
O Jerusalem. Praise the Lord.

The **Second Reading** is taken from the **Letter of St Paul**  
to the **Romans**, Chapter 8, beginning at the 31<sup>st</sup> verse

Brothers and sisters:

If God is for us, who can be against us? He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him?

Who will bring a charge against God's chosen ones? It is God who acquits us, who will condemn? Christ Jesus it is who died—or, rather, was raised—who also is at the right hand of God, who indeed intercedes for us.

*After the reading*

This is the Word of the Lord  
**Thanks be to God**

## **The Holy Gospel**

### **Sequence Hymn 61ii** (MELCOMBE, *New English Hymnal*)

*Celebrants only, congregation does not sing*

O Christ, who art the Light and Day,  
Thou drivest darksome night away!  
We know thee as the Light of light,  
Illuminating mortal sight.

All-holy Lord, we pray to thee,  
Keep us to-night from danger free;  
Grant us, dear lord, in thee to rest,  
So be our sleep in quiet blest.

And while the eyes soft slumber take,  
Still be the heart to thee awake;  
Be thy right hand upheld above  
Thy servants resting in thy love.

O strong defender, be thou nigh  
To bid the powers of darkness fly;  
Keep us from sin, and guide for good  
Thy servants purchased by thy blood.

Remember us, dear Lord, we pray  
While in this mortal flesh we stay:  
'Tis thou who dost the soul defend –  
Be present with us to the end.

Blest Three in One and One in Three,  
Almight God, we pray to thee  
That thou wouldst now vouchsafe to bless  
Our fast with fruits of righteousness. Amen.

Music: Samual Webbe the elder 1740-1816  
Text: 6<sup>th</sup> century Latin  
*Tr* William Copeland 1804-85 and others

*The Gospel Acclamation is sung.*

*Celebrants only, congregation does not sing*

Praise to you Lord Jesus Christ, King of endless glory.  
One does not live on bread alone,  
but on every word that comes forth from the mouth of God.  
Praise to you Lord Jesus Christ, King of endless glory.

The Lord be with you.  
**And also with you.**

**A Reading from the Holy Gospel according to St Mark,**  
Chapter 9, beginning to read at the 2<sup>nd</sup> verse

*The deacon or priest makes the Sign of the Cross on the book and, together with the people, on his forehead, lips, and breast. At the same time the people acclaim*

**Glory to you, Lord Jesus Christ.**

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them.

As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant.

*After the Gospel*

This is the Word of the Lord  
**Thanks be to God**

*A sermon is preached*

## **The Profession of Faith**

*All say or sing the profession of faith. Bow or genuflect at the words of the incarnation*

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father.**

**Through him all things were made.**

**For us and for our salvation**

**he came down from heaven:**

*by the power of the Holy Spirit*

*he became incarnate from the Virgin Mary*

*and was made man.*

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again**

**in accordance with the Scriptures;**

**he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshipped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**



**We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life ✕ of the world to come. Amen**

## **THE PRAYERS OF THE FAITHFUL**

With all our heart, and with all our mind, for the peace which is from above and for the salvation of our souls, let us pray to the Lord.

*The people kneel. At the conclusion of each intercession the following is used*

Lord in your mercy,  
**Hear our prayer.**

Hear us Father, through Jesus Christ our Lord  
**Who lives and reigns with you and the Holy Spirit,  
one God, world without end. Amen**

## **THE EUCHARIST**

### **The Greeting of Peace**

*The priest introduces the greeting in these or other suitable words, the people standing*

Christ is our peace. He was pierced for our faults, bruised for our sins, on him fell the punishment that brought us peace, by his wounds we have been healed. **Amen**

*Celebrants only, congregation does not sing*

We are the body of Christ.  
His Spirit is with us.  
The peace of the Lord be always with you.  
And also with you.

### **The Offertory: Preparation of the Gifts**

**Offertory Hymn 353** (REPTON, *New English Hymnal*)

*Celebrants only, congregation does not sing*

Dear Lord and Father of mankind,  
    Forgive our foolish ways!  
Re-clothe us in our rightful mind,  
In purer lives they service find,  
    In deeper reverence praise.  
In simple trust like theirs who heard,  
    Beside the Syrian sea,  
The gracious calling of the Lord,  
Let us, like them, without a word  
    Rise up and follow thee.

O Sabbath rest by Galilee!  
    O calm of hills above,  
Where Jesus knelt to share with thee  
The silence of eternity,  
    Interpreted by love!

Drop thy still dews of quietness,  
    Till all our strivings cease;  
Take from our souls the strain and stress,  
And let our ordered lives confess  
    The beauty of thy peace.

Breathe through the heats of our desire  
    Thy coolness and thy balm;  
Let sense be dumb, let flesh retire;  
Speak through the earthquake, wind and fire,  
    O still small voice of calm!

Music: C. Hubert H. Parry 1848-1918  
    from a song in his oratorio *Judith*  
Text: John Whittier 1807-91

*The gifts of the people are presented, and the bread and wine are placed on the Altar. These prayers may be said*

Blessed are you, Lord, God of all creation.  
Through your goodness we have this bread,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord, God of all creation.  
Through your goodness we have this wine,  
fruit of the vine and work of human hands.  
It will become our spiritual drink.

**Blessed be God for ever.**

*The priest completes additional personal preparatory rites, and then the priest makes the following invitation to prayer*

Accept these gifts of your creation, Father; and send forth your Spirit,  
the witness of the sufferings of the Lord Jesus, to renew them, and to  
show them to be the body and blood of your Christ.

*The people reply*

**May the Lord accept the sacrifice at your hands for the praise and  
glory of his name, for our good and the good of all his holy Church.**

*The prayer over the gifts is said*

Lord our God may the bread and wine you give us for our  
nourishment on earth become the sacrament of eternal life. **Amen**

*The people stand*

## **The Eucharistic Prayer**

*Celebrants only, congregation does not sing*

The Lord be with you  
And also with you.  
Lift up your hearts  
We lift them to the Lord.

Let us give thanks to the Lord our God  
It is right to give him thanks and praise.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

He was tempted in every way as we are, yet did not sin. By his death on the Cross and rising to new life he offered the one true sacrifice for sin and obtained an eternal deliverance for his people. By his grace we are able to triumph over every evil, and walk in the way of his love.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

*Celebrants only, congregation does not sing*

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

✠Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

*The people kneel*

Lord, you are holy indeed, the fountain of all holiness. Let your Spirit come upon these gifts.

Before he was given up to death, a death he freely accepted, he took bread and gave you thanks. He broke the bread, gave it to his disciples, and said: Take this, all of you, and eat it; this is my body which was given for you.

When supper was ended, he took the cup. Again he gave you thanks and praise, gave the cup to his disciples, and said: Take this, all of you, and drink from it; this is the cup of my blood, the blood of the new and

everlasting covenant. It was shed for you and for all so that sins may be forgiven. Do this in remembrance of me.

*Memorial Acclamation.*

*After the words of institution, when the priest has replaced the chalice on the Altar and genuflected.*

Let us proclaim the mystery of faith:

*Celebrants only, congregation does not sing*

**Christ has died, Christ is risen, Christ will come again!**

In memory of his death and resurrection, give you thanks, Father, for this life-giving bread, this saving cup. We thank you for counting us worthy to stand in your presence and serve you. May all of us who share in this sacrament be brought together in unity by the Holy Spirit.

Lord, remember your Church throughout the world; make us grow in love, together with Glenn our archbishop and all the clergy.

Remember our departed brothers and sisters who have gone to their rest in the hope of rising again; bring them and all the departed into the light of your presence.

We thank you for the outpouring of the Spirit upon your Saints; renew us, we pray, by the same Holy Spirit, as we offer ourselves to you through Christ our Saviour to serve you as a royal priesthood; And grant that, when he returns to earth in power and majesty to judge the living and the dead, we with all your pilgrim people may be ready to meet him, and worship you for ever.

Through him, with him, in him, in the unity of the Holy Spirit, we worship you, Father eternal, in songs of never-ending praise:

*Celebrants only, congregation does not sing*

Blessing, and honour, and glory and power, are yours for ever, and ever. Amen

## **The Communion**

*The Lord's Prayer is said by all*

Jesus taught us to call God our Father, and so in faith we pray:

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and for ever. Amen**

*The priest says*

As this broken bread was once many grains,  
which have been gathered together and made one bread:  
**so may your Church be gathered  
from the ends of the earth into your kingdom.**

*Agnus Dei is said or sung as the priest breaks the consecrated Host*

*Celebrants only, congregation does not sing*

Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
grant us your peace.

*The Priest invites the people to receive Holy Communion, he genuflects, takes the Host and, holding it slightly raised above the paten or above the chalice and says aloud:*

The Lamb of God who takes away the sins of the world.  
Happy are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*This prayer is said*

**We do not presume to come to your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, So that our sinful bodies may be made clean by His body, and our souls washed through His most precious blood, that we may evermore dwell in him, and he in us. Amen**

Come let us take this holy Sacrament of the body and blood of Christ, in remembrance that he died for us, and feed on him in our hearts by faith, with thanksgiving.

*The priest and other communicants receive Holy Communion*

The body of Christ. **Amen**  
The blood of Christ. **Amen**

*The Prayer after Communion*

Father, you graciously feed those who have received these holy mysteries with the bread of life and the cup of salvation. May we who have reached out our hands to receive this sacrament be strengthened in your service. We who have sung your praises tell of your glory and truth in our lives; we who have seen the greatness of your love see you face to face in your kingdom. For you have made us your own people by the death and resurrection of your Son our Lord and by the life-giving power of the Spirit. **Amen**

*The people say*

**Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. Amen**

### **Blessing and Dismissal**

The Lord be with you  
**and also with you.**

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing ✠ of God Almighty the Father, the Son and the Holy Spirit, come down upon you and remain with you always. **Amen**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen**

### **Recessional Hymn 64** (ABRIDGE, *New English Hymnal*)

*Celebrants only, congregation does not sing*

Be thou my guardian and guide,  
And hear me when I call;  
Let not my slippery footsteps slide,  
And hold me lest I fall.

The world, the flesh, and Satan dwell  
Around the path I tread;  
O, save me from the snares of hell,  
Thou quickener of the dead.

And if I tempted am to sin,  
And outward things are strong,  
Do thou, O Lord, keep watch within,  
And save my soul from wrong.



*Second Sunday of Lent, 28 February 2021*

Still let me ever watch and pray,  
And feel that I am frail;  
That if the tempter cross my way,  
Yet he may not prevail.

Music: Isaac Smith 1734-1805

Text: Isaac Williams 1802-65

***Music for the Second Sunday of Lent***

*Mass: Plainsong Missa de Angelis*

*Gospel Acclamation for Lent: Dr Brett McKern*

*Communion motet: Richard Farrant/John Hilton Lord, for thy tender mercies' sake*

*Organ Postlude: Johann Sebastian Bach, Choral Prelude on  
Erbarm' dich mein, O Herre Gott*