

# THE ORDER OF THE HOLY EUCHARIST

## INTRODUCTION

### Entrance

**Hymn 67** (AUS DER TIEFE, *New English Hymnal*)

*Celebrants only, congregation does not sing*

Forty days and forty nights  
Thou wast fasting in the wild,  
Forty days and forty nights  
Tempted and yet undefiled.

Sunbeams scorching all the day,  
Chilly dewdrops nightly shed,  
Prowling beasts about thy way,  
Stones thy pillow, earth thy bed.

Let us thine endurance share,  
And awhile from joys abstain,  
With thee watching unto prayer,  
Strong with thee to suffer pain.

And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.

So shall we have peace divine,  
Holier gladness ours shall be,  
Round us too shall angels shine,  
Such as ministered to thee.

Keep, O keep us, Saviour dear,  
Ever constant by thy side,  
That with thee we may appear  
At the eternal Eastertide.

Music: 'M.H.' in *Nürnbergisches Gesangbuch* 1676  
Melody possibly by M. Herbst 1654-81  
Text: G. H. Smyttan 1822-70  
and Francis Pott 1832-1909†

## **Acclamation**

✠ In the Name of the Father, and of the Son, and of the Holy Spirit.  
**Amen**

## **Greeting**

*The priest greets the people*

✠ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.  
**And also with you.**

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen**

## **Prayers of Penitence**

Rend your hearts and not your garments, and turn to the Lord your God, for he is gracious and merciful, and of great kindness.

*All sit or kneel;*

**Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen**

*First Sunday of Lent, 21 February 2021*

*The priest says this or another absolution*

May the Almighty and merciful God have mercy on you, ✠ pardon you, and forgive you all your sins through our Lord Jesus Christ, grant you time for amendment of life, and give you grace and strength to grow in all goodness, and keep you in life eternal. **Amen**

## **Kyrie Eleison**

*Celebrants only, congregation does not sing*

**Lord, have mercy, Lord, have mercy, Lord, have mercy.  
Christ, have mercy, Christ, have mercy, Christ, have mercy.  
Lord, have mercy, Lord, have mercy, Lord, have mercy.**

*The Collect of the day is said or sung*

Let us pray.

*All sit or kneel*

## **The Collect**

God of the new and eternal covenant, as the forty days of the great flood swept away the world's corruption and watered new beginnings of righteousness and life: grant to us, who are washed clean and born again in the saving flood of baptism, the wellspring of your grace, that your gift of new life may flourish once again; through Jesus Christ our redeemer, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **Amen**

## **Parish Prayer**

**God our Father, send your Holy Spirit upon the people of this parish. Give us a greater love for all. Make us more compassionate for the sick, the lonely and all in need, more zealous in the inspiration of the young; more concerned about the wider mission of the Church and more generous in our giving of service and money. Help each one of us to know what we ought to do, and give us**

**strength and courage faithfully to do it, through Jesus Christ our Lord. Amen**

*All sit for the Readings*

## **THE WORD OF GOD**

**The First Reading is taken from Genesis,**  
Chapter 9, beginning to read from the 8<sup>th</sup> verse

God said to Noah and to his sons with him: “See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth.” God added: “This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings.”

*After the reading*

This is the Word of the Lord  
**Thanks be to God**

Gradual Psalm, **Psalm 25** verses 1-8

*Sung by the cantor alone, the congregation seated*

1. Unto thee, O Lord, will I lift up my soul;  
my God, I have put my trust in thee :  
O let me not be confounded,  
neither let mine enemies triumph over me.
2. For all they that hope in thee shall not be ashamed :  
but such as transgress without a cause shall be put to confusion.
3. Shew me thy ways, O Lord : and teach me thy paths.
4. Lead me forth in thy truth, and learn me :  
for thou art the God of my salvation;  
in thee hath been my hope all the day long.
5. Call to remembrance, O Lord, thy tender mercies :  
and thy loving-kindnesses, which have been ever of old.
6. O remember not the sins and offences of my youth :  
but according to thy mercy think thou upon me,  
O Lord, for thy goodness.
7. Gracious and righteous is the Lord :  
therefore will he teach sinners in the way.
8. Them that are meek shall he guide in judgement :  
and such as are gentle, them shall he learn his way.

The **Second Reading** is taken from the **First Epistle of St Peter**,  
Chapter 3, beginning at the 18<sup>th</sup> verse

Beloved:

Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

*After the reading*

This is the Word of the Lord  
**Thanks be to God**

## **The Holy Gospel**

*All stand to sing the sequence hymn*

**Sequence Hymn 60**, sung to tune 493 (WAREHAM, *New English Hymnal*)

*Celebrants only, congregation does not sing*

O kind Creator, bow thine ear  
To mark the cry, to know the tear  
Before thy throne of mercy spent  
In this thy holy fast of Lent.

Our hearts are open, Lord, to thee:  
Thou knowest our infirmity;  
Pour out on all who seek thy face  
Abundance of thy pardoning grace.

Our sins are many, this we know;  
Spare us, good Lord, thy mercy show;  
And for the honour of thy name  
Our fainting souls to life reclaim.

Give us the self-control that springs  
From discipline of outward things,  
That fasting inward secretly  
The soul may purely dwell with thee.

We pray thee, Holy Trinity,  
One God, unchanging Unity,  
That we from this our abstinence  
May reap the fruits of penitence. Amen

Music: William Knapp 1698-1768

Text: Latin, ascribed to St Gregory 540-604

*Tr* T. A. Lacey 1853-1931

*First Sunday of Lent, 21 February 2021*

*The Gospel Acclamation is sung; celebrants only, congregation does not sing*

**Praise to you Lord Jesus Christ, King of endless glory.**

One does not live on bread alone,  
but on every word that comes forth from the mouth of God.

**Praise to you Lord Jesus Christ, King of endless glory.**

The Lord be with you.

**And also with you.**

**A Reading from the Holy Gospel according to St Mark,  
Chapter 1, beginning to read at the 12<sup>th</sup> verse**

*The deacon or priest makes the Sign of the Cross on the book and, together with the people, on his forehead, lips, and breast. At the same time the people acclaim*

**Glory to you, Lord Jesus Christ.**

The Spirit drove him out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him.

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfilment. The kingdom of God is at hand. Repent, and believe in the gospel."

*After the Gospel*

This is the Word of the Lord  
**Thanks be to God**

*A sermon or homily is given*

## **The Profession of Faith**

*All say the profession of faith. Bow or genuflect at the words of the incarnation*

**We believe in one God,  
the Father, the almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
*by the power of the Holy Spirit  
he became incarnate from the Virgin Mary  
and was made man.***

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshipped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life ☩ of the world to come. Amen**

## **THE PRAYERS OF THE FAITHFUL**

With all our heart, and with all our mind, for the peace which is from above and for the salvation of our souls, let us pray to the Lord.

*The people kneel. At the conclusion of each intercession the following is used*

Lord in your mercy,  
**Hear our prayer.**

Hear us Father, through Jesus Christ our Lord  
**Who lives and reigns with you and the Holy Spirit,  
one God, world without end. Amen**

## **THE EUCHARIST**

### **The Greeting of Peace**

*The priest introduces the greeting in these or other suitable words, the people standing*

Christ is our peace. He was pierced for our faults, bruised for our sins, on him fell the punishment that brought us peace, by his wounds we have been healed. **Amen**

We are the body of Christ.

**His Spirit is with us.**

The peace of the Lord be always with you.

**And also with you.**

Let us offer one another a sign of peace.

### **The Offertory: Preparation of the Gifts**

**Offertory Hymn 70i** (ST PAUL'S, *New English Hymnal*)

*Celebrants only, congregation does not sing*

Lord Jesus, think on me,  
And purge away my sin;  
From earthborn passions set me free,  
And make me pure within.

Lord Jesus, think on me,  
With care and woe opprest;  
Let me thy loving servant be,  
And taste thy promised rest.

Lord Jesus, think on me,  
Amid the battle's strife;  
In all my pain and misery  
Be thou my health and life.

Lord Jesus, think on me,  
Nor let me go astray;  
Through darkness and perplexity  
Point thou the heavenly way.

Lord Jesus, think on me,  
When flows the tempest high:  
When on doth rush the enemy  
O Saviour, be thou nigh.

Lord Jesus, think on me,  
That, when the flood is past,  
I may the eternal brightness see,  
And share thy joy at last.

Music: John Stainer 1840-1901  
Text: Greek, Synesius of Cyrene 375-430  
*Tr* A. W. Chatfield 1808-96

*The gifts of the people are presented, and the bread and wine are placed on the Altar. These prayers may be said*

Blessed are you, Lord, God of all creation.  
Through your goodness we have this bread to offer,  
which earth has given and human hands have made.  
It will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord, God of all creation.  
Through your goodness we have this wine to offer,  
fruit of the vine and work of human hands.  
It will become our spiritual drink.

**Blessed be God for ever.**

*The priest completes additional personal preparatory rites, and then the priest makes the following invitation to prayer*

Accept these gifts of your creation, Father; and send forth your Spirit,  
the witness of the sufferings of the Lord Jesus, to renew them, and to  
show them to be the body and blood of your Christ.

*The people reply*

**May the Lord accept the sacrifice at your hands for the praise and  
glory of his name, for our good and the good of all his holy Church.**

*The prayer over the gifts is said*

Lord our God may the bread and wine you give us for our  
nourishment on earth become the sacrament of eternal life. **Amen**

*The people stand*

## **The Eucharistic Prayer**

The Lord be with you  
**And also with you.**  
Lift up your hearts  
**We lift them to the Lord.**

Let us give thanks to the Lord our God  
**It is right to give him thanks and praise.**

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

He was tempted in every way as we are, yet did not sin. By his death on the Cross and rising to new life he offered the one true sacrifice for sin and obtained an eternal deliverance for his people. By his grace we are able to triumph over every evil, and walk in the way of his love.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

*Celebrants only, congregation does not sing*

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**✠Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

*The people kneel*

Lord, you are holy indeed, the fountain of all holiness. Let your Spirit come upon these gifts to make them holy, so that they may become for us the body and blood of our Lord, Jesus Christ;

Before he was given up to death, a death he freely accepted, he took bread and gave you thanks. He broke the bread, gave it to his disciples, and said: Take this, all of you, and eat it; this is my body which will be given up for you.

When supper was ended, he took the cup. Again he gave you thanks and praise, gave the cup to his disciples, and said: Take this, all of you, and drink from it; this is the cup of my blood, the blood of the new and

everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me.

*Memorial Acclamation.*

*After the words of institution, when the priest has replaced the chalice on the Altar and genuflected.*

Let us proclaim the mystery of faith:

**Christ has died, Christ is risen, Christ will come again!**

In memory of his death and resurrection, we offer you, Father, this life-giving bread, this saving cup. We thank you for counting us worthy to stand in your presence and serve you. May all of us who share in the body and blood of Christ be brought together in unity by the Holy Spirit.

Lord, remember your Church throughout the world; make us grow in love, together with Glenn our archbishop and all the clergy.

Remember our departed brothers and sisters who have gone to their rest in the hope of rising again; bring them and all the departed into the light of your presence.

Have mercy on us all; make us worthy to share eternal life with Mary, the virgin Mother of the Lord, with the apostles, and with all the saints who have done your will throughout the ages. May we praise you in union with them, and give you glory through your Son, Jesus Christ.

Through him, with him, in him, in the unity of the Holy Spirit, we worship you, Father eternal, in songs of never-ending praise:

**Blessing, and honour, and glory and power, are yours for ever, and ever. Amen**

## **The Communion**

*The Lord's Prayer is said*

Jesus taught us to call God our Father, and so in faith we pray:

**Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and for ever. Amen**

*The priest says*

As this broken bread was once many grains,  
which have been gathered together and made one bread:  
**so may your Church be gathered  
from the ends of the earth into your kingdom.**

*Agnus Dei is said or sung; celebrants only, congregation does not sing*

**Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
have mercy on us.  
Lamb of God, you take away the sins of the world:  
grant us your peace.**

*The Priest invites the people to receive Holy Communion, he genuflects, takes the Host and, holding it slightly raised above the paten or above the chalice and says aloud:*

This is the Lamb of God who takes away the sins of the world.  
Happy are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*This prayer is said*

**We do not presume to come to your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, So that our sinful bodies may be made clean by His body, and our souls washed through His most precious blood, that we may evermore dwell in him, and he in us. Amen**

Come let us take this holy Sacrament of the body and blood of Christ, in remembrance that he died for us, and feed on him in our hearts by faith, with thanksgiving.

*The priest and other communicants receive Holy Communion*

The body of Christ. **Amen**

The blood of Christ. **Amen**

*The Prayer after Communion*

God of mercy, may we who have shared this holy meal know your forgiveness in our lives, bring your reconciling love to others, and be a sign of your wholeness in this broken world, through Christ our Lord.  
**Amen**

*The people say*

**Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. Amen**

## **Blessing and Dismissal**

The Lord be with you  
**and also with you.**

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing ✠ of God Almighty the Father, the Son and the Holy Spirit, come down upon you and remain with you always. **Amen**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen**

## **Recessional Hymn 59ii** (JENA, *New English Hymnal*)

*Celebrants only, congregation does not sing*

Now is the healing time decreed  
For sins of heart and word and deed,  
When we in humble fear record  
The wrong that we have done the Lord:

Who, always merciful and good,  
Has borne so long our wayward mood,  
Nor cut us off unsparingly  
In our so great iniquity.

Therefore with fasting and with prayer,  
Our secret sorrow we declare,  
With all good striving seek his face,  
And lowly-hearted plead for grace.

Cleanse us, O Lord, from every stain,  
Help us the gifts of grace to gain,  
Till with the angels, linked in love,  
Joyful we tread thy courts above.

*First Sunday of Lent, 21 February 2021*

We pray thee, holy Trinity,  
One God, unchanging Unity,  
That we from this our abstinence  
May reap the fruits of penitence. Amen.

Music: Later form of melody from  
Vulpius's *Gesangbuch* Jena 1609  
Text: Latin, *Tr* T. A. Lacey 1853-1931

***Music for the First Sunday of Lent***

*Mass:* Plainsong *Missa de Angelis*

*Gospel Alleluia:* Dr Brett McKern

*Communion motet:* Thomas Attwood *Turn thy face from my sins*

*Organ Postlude:* Johann Sebastian Bach *Adagio* from  
Toccatto, Adagio and Fugue (BWV 564)