

THE ORDER OF THE HOLY EUCHARIST INTRODUCTION

Entrance

Introit: Lent Prose *sung by cantor.*

Hymn 67 (AUS DER TIEFE, *New English Hymnal*)

Forty days and forty nights
Thou wast fasting in the wild,
Forty days and forty nights
Tempted and yet undefiled.

Sunbeams scorching all the day,
Chilly dewdrops nightly shed,
Prowling beasts about thy way,
Stones thy pillow, earth thy bed.

Let us thine endurance share,
And awhile from joys abstain,
With thee watching unto prayer,
Strong with thee to suffer pain.

And if Satan, vexing sore,
Flesh or spirit should assail,
Thou, his vanquisher before,
Grant we may not faint nor fail.

So shall we have peace divine,
Holier gladness ours shall be,
Round us too shall angels shine,
Such as ministered to thee.

Keep, O keep us, Saviour dear,
Ever constant by thy side,
That with thee we may appear
At the eternal Eastertide.

Music: M. Herbst, 1656-81
Text: G.H. Smyttan 1822-70 and Francis Potts 1832-1909

Acclamation

✠ In the Name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Greeting

The priest greets the people

✠ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.
And also with you.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

Prayers of Penitence

Compassion and forgiveness belong to the Lord our God, though we have rebelled and wandered far off.

Let us then ask for mercy confessing our sins in penitence and faith.

All sit or kneel

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we

have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen

The priest says

May the Almighty and merciful God have mercy on you, ✠ pardon you, and forgive you all your sins through our Lord Jesus Christ, grant you time for amendment of life, and give you grace and strength to grow in all goodness, and keep you in life eternal. **Amen.**

Kyrie Eleison

**Lord, have mercy, Lord, have mercy.
Christ, have mercy, Christ, have mercy.
Lord, have mercy, Lord, have mercy.**

All kneel as the Gloria is omitted during Lent. The Collect is said.

Let us pray.

The congregation sits or kneels

Gracious God, out of your love and mercy you breathed into dust the breath of life, creating us to serve you and one another: call forth our penitence and acts of love, and strengthen us to face our mortality, so that we may look with confidence for your salvation; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, world without end. **Amen.**

All sit for the Readings

THE WORD OF GOD

**The First Reading is taken from the Book of Joel,
Chapter 2 beginning to read from the 12th verse**

Even now, says the LORD, return to me with your whole heart, with fasting, and weeping, and mourning; Rend your hearts, not your garments, and return to the LORD, your God. For gracious and merciful is he, slow to anger, rich in kindness, and relenting in punishment. Perhaps he will again relent and leave behind him a blessing, Offerings and libations for the LORD, your God. Blow the trumpet in Zion! proclaim a fast, call an assembly; Gather the people, notify the congregation; Assemble the elders, gather the children and the infants at the breast; Let the bridegroom quit his room and the bride her chamber. Between the porch and the altar let the priests, the ministers of the LORD, weep, And say, "Spare, O LORD, your people, and make not your heritage a reproach, with the nations ruling over them! Why should they say among the peoples, 'Where is their God?'" Then the LORD was stirred to concern for his land and took pity on his people.

After the reading:

This is the Word of the Lord
Thanks be to God

Responsorial Psalm, **Psalm 51**

Said by alternate verses or intoned by the cantor.

R. Be merciful, O Lord, for we have sinned.
Have mercy on me, O God, in your goodness;
in the greatness of your compassion wipe out my offense.
Thoroughly wash me from my guilt
and of my sin cleanse me.

R. Be merciful, O Lord, for we have sinned.
For I acknowledge my offense,
and my sin is before me always:
"Against you only have I sinned,
and done what is evil in your sight."

R. Be merciful, O Lord, for we have sinned.

A clean heart create for me, O God,
and a steadfast spirit renew within me.
Cast me not out from your presence,
and your Holy Spirit take not from me.

R. Be merciful, O Lord, for we have sinned.

Give me back the joy of your salvation,
and a willing spirit sustain in me.

O Lord, open my lips,
and my mouth shall proclaim your praise.

R. Be merciful, O Lord, for we have sinned.

The **Second Reading is taken from the Epistle of Saint Paul
to the Corinthians**, Chapter 5, beginning at the 20th verse.

Brothers and sisters:

We are ambassadors for Christ, as if God were appealing through us. We implore you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who did not know sin, so that we might become the righteousness of God in him. Working together, then, we appeal to you not to receive the grace of God in vain. For he says:

*In an acceptable time I heard you,
and on the day of salvation I helped you.*

Behold, now is a very acceptable time; behold, now is the day of salvation.

This is the Word of the Lord
Thanks be to God

Gospel Acclamation

Sing or say the Gospel Acclamation

Praise to you, Lord Jesus Christ, king of endless glory!

If today you hear his voice,
harden not your hearts.

Praise to you, Lord Jesus Christ, king of endless glory!

The Holy Gospel

The Lord be with you.

And also with you.

A Reading from the **Holy Gospel according to Saint Matthew**,
Chapter 6, beginning to read at the 1st verse.

The deacon or priest makes the Sign of the Cross on the book and, together with the people, on his forehead, lips, and breast. At the same time the people acclaim

Glory to you, Lord Jesus Christ.

Jesus said to his disciples:

“Take care not to perform righteous deeds in order that people may see them; otherwise, you will have no recompense from your heavenly Father. When you give alms, do not blow a trumpet before you, as the hypocrites do in the synagogues and in the streets to win the praise of others. Amen, I say to you, they have received their reward. But when you give alms, do not let your left hand know what your right is doing, so that your almsgiving may be secret. And your Father who sees in secret will repay you. “When you pray, do not be like the hypocrites, who love to stand and pray in the synagogues and on street corners so that others may see them. Amen, I say to you, they have received their reward. But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you. “When you fast, do not look gloomy like the hypocrites. They neglect their appearance, so that they may appear to others to be fasting. Amen, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, so that you may not appear to be fasting, except to your Father who is hidden. And your Father who sees what is hidden will repay you.”

After the Gospel:

This is the Gospel of the Lord.

Praise to you, Lord Jesus Christ.

A sermon or homily is given.

Blessing and Giving of Ashes

After the homily the priest joins his hands and says:

Dear friends in Christ, let us ask our Father to bless these ashes which we will use as the mark of our repentance.

Pause for a moment of silent prayer

Lord, bless these ashes ✠ by which we show that we are dust. Pardon our sins and keep us faithful to the discipline of Lent, for you do not want sinners to die but to live with the risen Christ, who reigns with you for ever and ever.

The ashes are sprinkled with holy water in silence. The priest then places ashes on those who come forwards, saying to each:

Remember that you are dust and to dust you shall return.

The following antiphons are sung by the cantor during the distribution of ashes.

Let us change our garments to sackcloth and ashes, let us fast and weep before the Lord, that our God, rich in mercy, might forgive us our sins. Let the priests, the ministers of the Lord, stand between the porch and the altar and weep and cry out: Spare, O Lord, spare your people; do not close the mouths of those who sing your praise, O Lord. Blot out my transgressions, O Lord.

Responsory

Said or sung by cantor with response by all

Direct our hearts to better things, O Lord; heal our sin and ignorance. Lord, do not face us suddenly with death, but give us time to repent.
R. Turn to us with mercy, Lord; we have sinned against you.

Help us, O God our Saviour; for the sake of your name, O Lord, set us free.

R. Turn to us with mercy, Lord; we have sinned against you.

After the distribution of ashes, the priest washes his hands; the rite continues with the prayers of the faithful. The Creed is not said.

The Prayers of the Faithful

With all our heart, and with all our mind, for the peace which is from above and for the salvation of our souls, let us pray to the Lord.

*The people kneel
At the conclusion of each intercession the following is used.*

Lord in your mercy,
Hear our prayer.

The intercessions conclude with

Hear us Father, through Jesus Christ our Lord,
who lives and reigns with you in the unity of the Holy Spirit, one God, now and forever. Amen.

THE LITURGY OF THE EUCHARIST

The Greeting of Peace

The priest introduces the greeting in these or other suitable words, the people standing

Christ is our peace. He was pierced for our faults, bruised for our sins; on him fell the punishment that brought us peace; by his wounds we have been healed.

We are the body of Christ.

His Spirit is with us.

The peace of the Lord be always with you.

And also with you.

Let us offer one another a sign of peace.

The Offertory: Preparation of the Gifts

*The gifts of the people are presented, and the bread and wine are placed on the altar.
These prayers may be said:*

Blessed are you, Lord, God of all creation.
Through your goodness we have this bread to offer,
which earth has given and human hands have made.
It will become for us the bread of life.
Blessed be God for ever.

Blessed are you, Lord, God of all creation.
Through your goodness we have this wine to offer,
fruit of the vine and work of human hands.
It will become our spiritual drink.
Blessed be God for ever.

The priest completes additional personal preparatory rites, and then the priest makes the following invitation to prayer

Accept these gifts of your creation, Father; and send forth your Spirit,
the witness of the sufferings of the Lord Jesus, to renew them, and to
show them to be the body and blood of your Christ.

The people reply

**May the Lord accept the sacrifice at your hands for the praise and
glory of his name, for our good and the good of all his holy Church.**

The prayer over the gifts is said

Lord our God may the bread and wine you give us for our nourishment
on earth become the sacrament of eternal life. **Amen**

The People stand

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is indeed right, it is our duty, our joy and our salvation, at all times and in all places to give you thanks and praise, O Lord, holy Father, heavenly King, almighty and eternal God.

Through our observance of Lent you correct our faults and raise our minds to you; you help us grow in holiness, and offer us the reward of eternal life, through Jesus Christ, your only Son our Lord.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing,

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

✠Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people kneel

Lord, you are holy indeed, the fountain of all holiness. Let your Spirit come upon these gifts to make them holy, so that they may become for us the body and blood of our Lord, Jesus Christ;

Before he was given up to death, a death he freely accepted, he took bread and gave you thanks. He broke the bread, gave it to his disciples, and said: Take this, all of you, and eat it; this is my body which will be given up for you.

When supper was ended, he took the cup. Again he gave you thanks and praise, gave the cup to his disciples, and said: Take this, all of you, and drink from it; this is the cup of my blood, the blood of the new and everlasting covenant. It will be shed for you and for all so that sins may be forgiven. Do this in memory of me.

Memorial Acclamation.

After the words of institution, when the priest has replaced the chalice on the Altar and genuflected.

Let us proclaim the mystery of faith:

Christ has died, Christ is risen, Christ will come again!

In memory of his death and resurrection, we offer you, Father, this life-giving bread, this saving cup. We thank you for counting us worthy to stand in your presence and serve you.

May all of us who share in the body and blood of Christ be brought together in unity by the Holy Spirit.

Lord, remember your Church throughout the world; make us grow in love, together with Glenn our archbishop and all the clergy.

Remember our departed brothers and sisters who have gone to their rest in the hope of rising again; bring them and all the departed into the light of your presence.

Have mercy on us all; make us worthy to share eternal life with Mary, the virgin Mother of the Lord, with the apostles, and with all the saints who have done your will throughout the ages. May we praise you in union with them, and give you glory through your Son, Jesus Christ.

Through him, with him, in him, in the unity of the Holy Spirit, we worship you, Father eternal, in songs of never-ending praise:

Blessing, and honour, and glory and power, are yours for ever, and ever. Amen

The Communion

The Lord's Prayer is sung

Now, in obedience to Christ himself, let us join in prayer to the Father, asking him to forgive us as we forgive others,

**Our Father in heaven,
hallowed be your Name;
your kingdom come;
your will be done;
on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

The priest says

As this broken bread was once many grains,
which have been gathered together and made one bread:
**so may your Church be gathered
from the ends of the earth into your kingdom.**

Agnus Dei is said or sung as the priest breaks the consecrated host.

**Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
have mercy on us.
Lamb of God, you take away the sins of the world:
grant us your peace.**

The priest invites the people to receive Holy Communion he genuflects, takes the Host and, holding it slightly raised above the paten or above the chalice and says aloud:

This is the Lamb of God who takes away the sins of the world.
Happy are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

This prayer is said

We do not presume to come to your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, So that our sinful bodies may be made clean by His body, and our souls washed through His most precious blood, that we may evermore dwell in him, and he in us. Amen.

Come let us take this holy Sacrament of the body and blood of Christ and feed on him in our hearts by faith, with thanksgiving.

The priest and other communicants receive Holy Communion

The body of Christ. **Amen**
The blood of Christ. **Amen**

The Prayer after Communion:

May the Sacrament we have received sustain us, O Lord, that our Lenten fast may be pleasing to you and be for us a healing remedy.
Amen.

The people say:

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Blessing and Dismissal

The Lord be with you
and also with you.

Christ our Saviour draw you to himself, that you may find in him crucified a sure ground for faith, a firm support for hope, and the assurance of sin forgiven; and the blessing of God almighty the Father, the Son, ✠ and the Holy Spirit, come down upon you and remain with you always.

Go in peace to love and serve the Lord.
In the name of Christ, Amen

Recessional Hymn 70i (SOUTHWELL, *New English Hymnal*)

Lord Jesus, think on me,
And purge away my sin;
From earthborn passions set me free,
And make me pure within.

Lord Jesus, think on me,
With care and woe opprest;
Let me thy loving servant be,
And taste thy promised rest.

Lord Jesus, think on me,
Amid the battle's strife;
In all my pain and misery
Be thou my health and life.

Lord Jesus, think on me,
Nor let me go astray;
Through darkness and perplexity
Point thou the heavenly way.

Lord Jesus, think on me,
When flows the tempest high:
When on doth rush the enemy
O Saviour, be thou nigh.

Lord Jesus, think on me,
That, when the flood is past,
I may the eternal brightness see,
And share thy joy at last.

Text: Synesius of Cyrene, 374-430
Translator, A. W. Chatfield, 1808-96