

## HOLY COMMUNION

### THE INTRODUCTION

*Processional: The Plainsong Proper Introit for the day is sung by the cantor alone as the Sanctuary Party processes.*

*The Priest standing before the Altar shall say the Lord's Prayer with the Collect following, the people kneeling.*

OUR Father which art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil. Amen

*The Collect said by the priest alone (the people silently)*

ALMIGHTY God, unto whom all hearts be open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

*Then the Priest turning to the people shall rehearse our Lord's Summary of the Law.*

Our Lord Jesus Christ said: Hear, O Israel, The Lord our God is One Lord: Thou shalt love the Lord thy God with all thy heart, with all thy soul, with all thy mind, and with all thy strength. This is the first commandment, And the second is like, namely this: Thou shalt love thy neighbour as thyself. There is none other commandment greater than these. On these two commandments hang all the law and the prophets.

*The priest will say in response (and the people silently)*

Lord have mercy upon us, and incline our hearts to keep this law.

*Third Sunday after the Epiphany, third Sunday in Ordinary time, 24 January 2021*

*Then the cantor alone shall sing:*

Kyrie, eleison.  
Christe, eleison.  
Kyrie, eleison.

*Then shall be said the Collect of the Day*

The Lord be with you  
And with thy spirit.

*Then shall be said the Collect of the Day (by the Priest alone).*

Almighty God,  
whose Son revealed in signs and miracles  
the wonder of thy saving presence:  
renew thy people with thy heavenly grace,  
and in all our weakness  
sustain us by thy mighty power;  
through Jesus Christ thy Son our Lord,  
who liveth and reigneth with thee,  
in the unity of the Holy Spirit,  
one God, now and for ever.  
Amen.

#### THE MINISTRY OF THE WORD.

*And immediately after the collect shall be read the Epistle.*

**The Reading is taken from the first Epistle of St Paul to the  
Corinthians, Chapter 7, beginning at the 29<sup>th</sup> verse**

I tell you, brothers and sisters, the time is running out. From now on, let those having wives act as not having them, those weeping as not weeping, those rejoicing as not rejoicing, those buying as not owning, those using the world as not using it fully. For the world in its present form is passing away.

*After the reading*

This is the Word of the Lord  
Thanks be to God

*Then shall be read the Gospel.*

**A Reading from the Holy Gospel according to St Mark,  
Chapter 1, beginning to read at the 14<sup>th</sup> verse**

*The deacon or priest makes the Sign of the Cross on the book and, together with the people, on his forehead, lips, and breast. At the same time the people acclaim (silently)*

✠ *Glory be to thee, O Lord (said by the Priest alone and the people silently).*

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfilment. The kingdom of God is at hand. Repent, and believe in the gospel.”

As he passed by the Sea of Galilee, he saw Simon and his brother Andrew casting their nets into the sea; they were fishermen. Jesus said to them, “Come after me, and I will make you fishers of men.” Then they abandoned their nets and followed him. He walked along a little farther and saw James, the son of Zebedee, and his brother John. They too were in a boat mending their nets. Then he called them. So they left their father Zebedee in the boat along with the hired men and followed him.

*Praise to thee, O Christ (said by the Priest alone, the people silently).*

*Then the cantor alone shall sing the Creed:*

I BELIEVE in one God,  
the Father Almighty,  
Maker of heaven and earth,  
And of all things visible and invisible:  
And in one Lord Jesus Christ,  
the only begotten Son of God,  
Begotten of his Father before all worlds,  
God of God, Light of Light,

Very God of very God, Begotten, not made,  
Being of one substance with the Father,  
By whom all things were made:  
Who for us men, and for our salvation  
came down from heaven,  
*And was incarnate by the Holy Ghost of the Virgin Mary,*  
*And was made man,*  
And was crucified also for us under Pontius Pilate.  
He suffered and was buried,  
And the third day he rose again according to the Scriptures,  
And ascended into heaven,  
And sitteth on the right hand of the Father.  
And he shall come again with glory to judge both the quick and  
the dead:  
Whose kingdom shall have no end.  
And I believe in the Holy Ghost, The Lord and giver of life,  
Who proceedeth from the Father and the Son,  
Who with the Father and the Son together is worshipped and  
glorified,  
Who spake by the Prophets.  
And I believe one Catholick and Apostolick Church.  
I acknowledge one Baptism for the remission of sins.  
And I look for the resurrection of the dead,  
And the ✠ life of the world to come. Amen.

*The Sermon may follow.*

#### THE OFFERTORY.

*Then shall the Priest return to the Lord's Table, and begin the Offertory, saying one or more of the Sentences following, as he thinketh most convenient in his discretion.*

LET your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

*Offertory: The Plainsong Proper Offertory for the day is sung by the cantor alone. This is followed by other music sung by the cantor alone, or the organ will play.*

*Third Sunday after the Epiphany, third Sunday in Ordinary time, 24 January 2021*

*And when there is a Communion, the Priest shall then place upon the Holy Table so much Bread and Wine, as he shall think sufficient.*

*The Priest may here bid special prayers and thanksgivings. Then he shall begin the Intercession.*

#### THE INTERCESSION.

Let us pray for the whole state of Christ's Church militant here in earth.

ALMIGHTY and everliving God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks, for all men; We humbly beseech thee most mercifully to accept our alms and oblation and to receive these our prayers which we offer unto thy Divine Majesty; Beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: And grant, that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live, in unity, and godly love. We beseech thee also to save and defend all Christian Kings, Princes, and Governors; and specially thy Servant Elizabeth our Queen; that under her we may be godly and quietly governed: And grant unto her whole Council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue. Give grace, O heavenly Father, to all Bishops and Curates, that they may both by their life and doctrine set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments:

And to all thy people give thy heavenly grace; and specially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life. And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow

their good examples, that with them we may be partakers of thy heavenly kingdom: Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate. Amen

#### THE PREPARATION.

*Then shall the Priest say to them that come to receive the Holy Communion.*

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

*Then shall this general Confession be made in the name of all those that are minded to receive the Holy Communion, by the Priest or one of the Ministers; both he and all the people kneeling humbly upon their knees, (the Priest alone saying and the people silently),*

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable.

Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

*Then shall the Priest, stand up, and turning himself to the people, pronounce this Absolution.*

*Third Sunday after the Epiphany, third Sunday in Ordinary time, 24 January 2021*

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; ✠ pardon and deliver you from all your sins; confirm and strengthen you in all goodness and bring you to everlasting life; through Jesus Christ our Lord. Amen.

*Then shall the Priest say,*

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that travail and are heavy laden, and I will refresh you. St. Matt. xi.28.

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. St. John iii. 16.

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners I Tim. i. 15.

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins. 1 St. John ii.

*All stand and only the Priest shall say (cantor alone responding)*

The Lord be with you

And with thy spirit (*cantor alone*)

Lift up your hearts.

We lift them up unto the Lord (*cantor alone*)

Let us give thanks unto our Lord God.

It is meet and right so to do. (*cantor alone*)

*Then shall the Priest turn to the Lord's Table, and say,*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father Almighty, Everlasting God.

And now we give thee thanks because, in the incarnation of the Word, a new light has dawned upon the world, that all the nations may be brought out of darkness to see the radiance of thy glory.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Then the cantor alone shall sing the Sanctus and Benedictus*

Holy, holy, holy, Lord God of hosts,  
heaven and earth are full of thy glory:  
Glory be to thee, O Lord most High.  
✠ Blessed is he who cometh in the name of the Lord.  
Hosanna in the highest.

*All kneel.*

*Then shall the Priest, kneeling down at the Lord's Table, say in the name of all them that shall receive the Communion this Prayer following:*

*(The priest alone saying and the people silently):*

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

*Third Sunday after the Epiphany, third Sunday in Ordinary time, 24 January 2021*

*When the Priest, standing before the Holy Table, hath so ordered the Bread and Wine, that he may with the more readiness and decency break the Bread before the people, and take the Cup into his hands, he shall say the Prayer of Consecration, as followeth.*

THE CONSECRATION.

ALL glory be to thee, Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world ; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again;

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood: who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat, this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my Blood of the New Testament, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. Amen.

*Then may follow:*

The Peace of the Lord be always with you.  
And with thy spirit (*cantor alone responds*)

*The cantor alone shall sing the Agnus Dei*

*Third Sunday after the Epiphany, third Sunday in Ordinary time, 24 January 2021*

O Lamb of God that takest away the sins of the world:  
have mercy on us.

O Lamb of God that takest away the sins of the world:  
have mercy on us.

O Lamb of God that takest away the sins of the world:  
grant us thy peace.

THE COMMUNION OF THE PRIEST AND PEOPLE.

*Then shall the Priest first receive the Communion in both kinds himself, and then proceed to deliver the same to the Bishops, Priests, and Deacons, in like manner, (if any be present,) and after that to the people also in order, into their hands, all meekly kneeling.*

*The following is said:*

Behold the Lamb of God: behold Him that takest away the sins of the world.

*The priest shall say and the people silently:*

Lord I am not worthy to receive you, but only say the word, and I shall be healed.

*And, when he delivereth the Bread to any one, he shall say,*

THE Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life.

Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

*And the Minister that delivereth the Cup to any one shall say,*

THE Blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life.

Drink this in remembrance that Christ's Blood was shed for thee, and be thankful.

*Third Sunday after the Epiphany, third Sunday in Ordinary time, 24 January 2021*

*Then shall the Priest say:*

As our Saviour Christ hath commanded and taught us we are bold to say:

*Then the cantor alone shall sing the Lord's Prayer*

OUR Father, which art in heaven,  
Hallowed be thy Name.  
Thy kingdom come.  
Thy will be done, in earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive them that trespass against us.  
And lead us not into temptation;  
But deliver us from evil:  
For thine is the kingdom,  
The power, and the glory,  
For ever and ever. Amen.

#### THE THANKSGIVING.

*Then shall the Priest give thanks to God in the name of all them that have communicated, turning him first to the people, and saying,*

ALMIGHTY and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ

*Third Sunday after the Epiphany, third Sunday in Ordinary time, 24 January 2021*

our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

*The cantor alone then shall sing the Gloria:*

GLORY be to God on high,  
and in earth peace, good will towards men.  
we praise thee, we bless thee,  
we worship thee, we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King,  
God the Father Almighty.  
O Lord, the only-begotten Son Jesu Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of the world,  
have mercy upon us.  
Thou that takest away the sins of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.  
For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
✠ art most high in the glory of God the Father. Amen.

*Then the Priest (or Bishop if he be present) shall let them depart with this Blessing.*

THE peace of God which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, ✠ and the Holy Ghost, be amongst you and remain with you always. Amen.

*The Recessional, Organ alone*